

June 2017 St. Regis Falls Lunch Menu

USDA is an Equal Opportunity Provider and Employer

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Menu Subject to Change without notice	29 No School Memorial Day Observance	30 Possible Snow Day Chicken Wrap Seasoned Rice Black Bean Salsa Applesauce	31 Meatball Sub or Turkey Sub w/ cheese Romaine and Spinach Salad Tomato Slice Baked Chips Fresh Fruit	1 BBQ Chicken Macaroni Salad Dinner Roll Peas Mandarin Orange	2 Mozzarella Cheese Stick w/sauce Romaine and Spinach Salad Pears Apple Smiles Cookie	Milk Available Everyday Skim Chocolate Or 1% White	
Healthy Body requires water. Drink water instead of high sugar drinks	5 Chicken Nuggets Rice Dinner Roll Broccoli Pears	6 Hamburg on bun French Fries Spinach/ Romaine Salad Mandarin Orange	7 Bag Lunch Meat Sandwich Popcorn Cheese Stick 100% Fruit Juice Punch Banana	8 Hot Dog on bun Baked Chips Macaroni Salad Baked Beans Watermelon	9 Pizza Variety Spinach/ Romaine Salad Apple Fruit Punch	Please see the school website for the new meal pattern for the school meal program. Each school will	
2 oz bag of baby carrots available Everyday w/ ranch dressing	12 Chickenburg Mashed Potato Broccoli Pears	13 Hamburg on bun Pasta Salad Spinach/ Romaine Salad Dreamsicle Gelatin	14 Meat Sandwich Popcorn Cheese Stick 100% Fruit Juice Punch Banana	15 Pizza Variety Spinach/ Romaine Salad Apple Fruit Pushup	16 Fun Day! Hot Dog on bun Baked Chips Macaroni Salad Baked Beans Watermelon	offer only the serving size for each age group. We are trying to teach the children not to super size their meal.	
Meal Choice: Chef Salad with Bread Choice available everyday	19 Popcorn Chicken Rice Dinner Roll Broccoli Pears	20 No Lunch Dismissal 11:00	21 No Lunch Dismissal 11:00	22 No Lunch Dismissal 11:00	23 Last Day of School Dismissal 11:00	Second Choice: Protein, Grain Option on Monday, Wednesday, Thursday, Friday. Tuesday- Fruit Parfait	
Regent's Exams June 14 through 22						Dinner Roll available for Grades 6-12 on days with Hamburg rolls	