

April 2017 St. Regis Falls Lunch Menu

USDA is an Equal Opportunity Provider and Employer

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Menu Subject to Change without notice	3 Week 4 Chickenburg or Chicken Parm on bun Green Bean Mashed Potato Applesauce	4 Hamburg or Cheeseburg on bun French Fries Baked Beans Peaches	5 Hot Ham & Ch Flatbread Sandwich or Turkey Sub Romaine and Spinach Salad Tomato Slice Baked Chips Fresh Fruit	6 Rosemary Chicken Macaroni Salad Dinner Roll Peas Mandarin Oranges	7 Mozzarella Cheese Sticks w/ sauce Romaine and Spinach Salad Strawberries Oatmeal Raisin Cookie	Milk Available Everyday Skim Chocolate Or 1% White	
Meal Choice: Chef Salad with Bread Choice available everyday	10 Week 5 Chicken Nuggets Dinner Roll Seasoned Rice Broccoli Applesauce	11 Hot Dog on bun Macaroni and Cheese Romaine and Spinach Salad Peaches	12 Ham Dinner Mashed Potato w/ brown gravy Green Beans Dinner Roll Mandarin Oranges Ice Cream Cup	13 Brunch for Lunch Colby Cheese Omelet w/ 1 Sausage 2 French Toast Sticks Hash brown Apple Juice	14 No School Spring Break	Please see the school website for the new meal pattern for the school meal program. Each school will offer only the	
Healthy Body requires water. Drink water instead of high sugar drinks	17 No School Spring Break	18 No School Spring Break	19 No School Spring Break	20 No School Spring Break	21 No School Spring Break	servicing size for each age group. We are trying to teach the children not to super size their meal.	
2 oz bag of baby carrots available Everyday w/ ranch dressing	24 Week 6 Popcorn Chicken Dinner Roll Seasoned Rice Broccoli Applesauce	25 Hamburg or Cheeseburg Curly Fries Baked Beans Peaches	26 Meatball Sub or Turkey Sub w/ cheese Romaine and Spinach Salad Tomato Slice Baked Chips Fresh Fruit	27 Hot dog fiesta Glaziers & HM Michigan's Pasta Salad Corn Mandarin Orange	28 Italian Dunkers w/ sauce Romaine and Spinach Salad Pears Fruit Pushups	Second Choice: Protein, Grain Option on Monday, Wednesday, Thursday and Friday. Tuesday – Fruit Parfait	
Dinner Roll available for Grades 9-12 on days with Hamburg rolls	1 Week 1 Chicken Mash Potato Bowl w/ Gravy Dinner Roll Shredded Cheese Broccoli Applesauce	2 Popcorn Shrimp Parma Rosa Pasta Baked Beans Peaches	3 Buffalo Chicken Sub or Turkey Sub w/ cheese Romaine and Spinach Salad Tomato Slice Baked Chips Fresh Fruit	4 Taco Meat, Ch, Scoops or Flour Shell, Lettuce, Tomato, Salsa Corn Spanish Rice Mandarin Orange	5 Pizza Or Broccoli/Spinach Pizza Iceburg and Romaine Salad w/Ranch Pears Fruit Punch		