

May 2017 St. Regis Falls Breakfast Menu
 USDA is an Equal Opportunity Provider and Employer

| Information | Mon | Tue | Wed | Thu | Fri | Information |
|---|--|---|---|--|--|--|
| Menu Subject to Change without notice | 1 Week 4 Cereal w/ 1 WW toast Juice Milk NP & NTN | 2 Sausage, Egg and Cheese Muffin Juice Milk NP & NTN | 3 WG HM Cinnamon Roll Juice Milk NP & NTN | 4 3-WG Pancakes w/ syrup Juice Milk NP & NTN | 5 WW Chocolate Chip Muffin Juice Milk NP & NTN | Milk Available Everyday Skim Chocolate Or 1% White |
| Healthy Body requires water. Drink water instead of high sugar drinks | 8 Week 1 Cereal w/ 1 WW toast Juice Milk NP & NTN | 9 Ham, Egg and Cheese Muffin Juice Milk NP & NTN | 10 Tornado Juice Milk NP & NTN | 11 3-WG French Toast Sticks w/ syrup Juice Milk NP & NTN | 12 WG Bagel w/ cream cheese Juice Milk NP & NTN | Cereal w/ Toast available everyday |
| The school lunch application can be found on the school website, grade level offices and the cafeteria | 15 Week 2 Cereal w/ 1 WW toast Juice Milk NP & NTN | 16 Breakfast Pizza Juice Milk NP & NTN | 17 WG HM Cinnamon Roll Juice Milk NP & NTN | 18 Pancake on Stick w/ syrup Juice Milk NP & NTN | 19 WG Banana Muffin Juice Milk NP & NTN | 2 Toast available everyday |
| The online payment system setup instructions can be found on the school website. | 22 Week 3 Cereal w/ 1 WW toast Juice Milk NP & NTN | 23 Sausage, Egg and Cheese Muffin Juice Milk NP & NTN | 24 Tornado Juice Milk NP & NTN | 25 2-WG Waffles w/ syrup Juice Milk NP & NTN | 26 No School Memorial Day Observance | Fresh Fruit Bowl will be offered everyday at Breakfast. |
| Yogurt w/ toast is available on cereal day. | 29 No School Memorial Day Observance | 30 Possible Snow Day Cereal w/ 1 WW toast Juice Milk NP & NTN | 31 Cereal w/ 1 WW toast Juice Milk NP & NTN | 1 3-WG Pancakes w/ syrup Juice Milk NP & NTN | 2 WG Bagel w/ cream cheese Juice Milk NP & NTN | NP= No Peanuts NTN= No Tree Nut |